

# Okinawan Karate Academy Class Schedule

Effective April 1, 2019

<b>A</b> Curriculum Classes	<b>A</b> Curriculum Classes	<b>B</b> Technique Classes	<b>B</b> Technique Classes	<b>C</b> Specialty Classes	<b>C</b> Specialty Classes
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Dojo Opens 11:30 AM</i>		<i>Dojo Opens 11:30 AM</i>			<i>Dojo Opens 8:45 AM</i>
<b>AD Black Belt</b> 11:45 to 12:30 PM		<b>AD Uchi-Deshi</b> 11:45 to 12:30			<b>JR / SJ Basic Class</b> 9:00 to 9:45 AM
					Make-Up / Substitution Class
<b>AD All</b> 12:30 to 1:30 PM		<b>AD All</b> 12:30 to 1:30			<b>SJ Deshi Kobudo I</b> 9:45 to 10:15 AM
					<b>SJ Deshi Kobudo II</b> 10:15 to 10:45 AM
<i>Dojo Closes 1:45 PM</i>		<i>Dojo Closes 1:45 PM</i>			<b>SJ Uchi-Deshi Kobudo</b> 10:45 to 11:30 AM
<i>Dojo Opens 3:15 PM</i>	<i>Dojo Opens 3:15 PM</i>	<i>Dojo Opens 3:15 PM</i>	<i>Dojo Opens 3:15 PM</i>		
<b>JR All</b> 3:30 to 4:00 PM	<b>JR All</b> 3:30 to 4:00 PM	<b>JR All</b> 3:30 to 4:00 PM	<b>JR All</b> 3:30 to 4:00 PM		<b>AD Deshi / Uchi-Deshi Kobudo</b> 11:30 to 12:15 PM
<b>SJ Beginner</b> 4:00 to 4:45 PM White to Striped Yellow Belts	<b>SJ Intermediate</b> 4:00 to 4:45 PM Solid Green to Purple Belts	<b>SJ Basic</b> 4:00 to 4:45 PM	<b>SJ Deshi</b> 4:00 to 4:45 PM	<b>SJ Deshi Kobudo I</b> 4:00 to 4:30 PM	
<b>SJ Novice</b> 4:45 to 5:30 PM Yellow to Striped Green Belts	<b>SJ Advanced</b> 4:45 to 5:30 PM Brown to Junior Black Belts	<b>SJ Deshi</b> 4:45 to 5:30 PM	<b>SJ Uchi-Deshi</b> 4:45 to 5:30 PM	<b>SJ Deshi Kobudo II</b> 4:30 to 5:00 PM	<b>AD All</b> 12:15 to 1:00 PM
<b>JR All</b> 5:30 to 6:00 PM	<b>SJ Beginner</b> 5:30 to 6:15 PM White to Striped Yellow Belts	<b>JR All</b> 5:30 to 6:00 PM	<b>SJ Basic</b> 5:30 to 6:15 PM	<b>Fight Night</b> Deshi / Uchi-Deshi All Ages 5:00 to 6:00 PM	<i>Dojo Closes 1:15 PM</i>
<b>SJ Intermediate</b> 6:00 to 6:45 PM Solid Green to Purple Belts	<b>SJ Novice</b> 6:15 to 7:00 PM Yellow to Striped Green Belts	<b>SJ Uchi-Deshi</b> 6:00 to 6:45 PM	<b>SJ Deshi</b> 6:15 to 7:00 PM	<i>Dojo Closes 6:15 PM</i>	<b>Little Tigers (In the Little Dojo)</b> 10:00 to 10:30 AM
<b>SJ Advanced</b> 6:45 to 7:30 PM Brown to Junior Black Belts	<b>AD All</b> 7:00 to 8:00 PM	<b>Leadership / ITP</b> 6:45 to 7:30 PM	<b>AD All</b> 7:00 to 8:00 PM		
<i>Dojo Closes 7:45 PM</i>		<b>AD Uchi-Deshi</b> 7:30 to 8:30 PM			<b>AGE GROUPS</b>
	<b>AD Black Belt</b> 8:00 to 8:30 PM		<i>Dojo Closes 8:15 PM</i>		<b>Little Tigers (Age 3 to 5)</b>
					<b>Juniors (Age 5 to 8)</b>
					<b>Super Junior (Age 7 to 16)</b>
	<i>Dojo Closes 8:45 PM</i>	<i>Dojo Closes 8:45 PM</i>			<b>Adults and Teens (13 and Up)</b>

**Basic Program** — Choose one 'A' class (by age group and belt level) and one 'B' class (by age group and program). Saturday morning Basic class may be used as a make-up or substitution class.

**Deshi Program** — Choose one 'A' class, one 'B' class, and one 'C' class (by age group and program).

**Uchi-Deshi Program** — Unlimited classes within program & age group.